



## INTERNATIONAL COMPETITION

**#Notebook\_of\_Friendship – uniting children of the planet Earth**

**IV International Competition #Notebook\_of\_Friendship – uniting children of the planet Earth** is the largest and the most exciting contest of the «Notebook of Friendship» International programme. The competition appeals to the idea that borders and distances are of no importance to friendship and good deeds, and each person living on Earth can contribute to solving the global problems.

The main aim of the competition is developing children and youth public diplomacy and creating conditions for friendship and long-term cooperation of children and teachers from all over the world in order to achieve the **17 Sustainable Development Goals (SDGs)**. The competition **facilitates creation of the inclusive environment, where people of different cultures and nationalities learn how to communicate, understand and make friends with each other.**

Within the framework of the competition, the «Notebooks» themselves will serve as social and cultural diaries in which participants will be able to tell about themselves and their homeland, share their experience about implementation of socially significant projects and events, draw special attention to global issues typical for their place of living. Together with new friends from other regions of Russia and foreign countries, young participants will try to find a solution to the problems described in the 2030 Agenda for Sustainable Development that was agreed at the United Nations Sustainable Development Summit in 2015.

*We all are different and we all live in different parts of the planet Earth. Nevertheless, altogether we are changing the world for people and building a friendly environment accessible for anybody.*

**Take part in the amazing competition  
and change the world with the «Notebook of Friendship»!**

## PROCEDURE OF PARTICIPATION

Participation is open for schoolchildren (under 18 years of age) regardless of their nationality, age, place of living, social status and physical abilities.

To become a participant of the Competition follow the instruction below.

### Guidelines to join the Competition

**1. Form a team of 3 to 30 people.**

A small group of friends or the whole class can make up a team.

**2. Apply for participation at the «Notebook of Friendship» website ([тетрадкдружбы.рф](http://tetradkadruzhby.rf)) in the «Events» section.**

**The application is submitted by the team leader (over 18 years of age):** a teacher, a head of educational institution, a representative of NGO, a concerned parent, etc.

In response to the completed application the team will receive an «addressee», i.e. a team-partner from another country or region of Russia, and then teams will continue to participate in an exciting geographical quest together and will exchange competitive tasks.

***Attention!** Contact details of the Competition participants (name, phone, e-mail of the team leader) is provided by the organisers according to the received applications.*

**3. Get a «Notebook of Friendship» from the «Notebook of Friendship» team.**

«Notebooks» (one per each team) are sent to participants' e-mail mentioned in the application form along with some recommendations for their completion.

***Important!** If you already have the «Notebooks of Friendship», all competitive tasks are to be done in them. The team is given some additional points for this.*

**4. Fill out your «Notebook of Friendship»:**

- Take a group photo of your team and place it on the first page of you «Notebook»;
- Write down an interesting story about your team. Include some information about the country and city of residence and your educational institution.  
*This is the introductory creative part of the Competition. Therefore, it is necessary to find a creative approach to fill out your «Notebook»: you can write poems, draw, make collages, etc.*
- Describe a socially significant local problem that the team intends to contribute to or is already contributing to. The problem should correspond to one of the 17 Sustainable Development Goals (<https://www.un.org/sustainabledevelopment/>);  
***Important!** This is the key part of the introduction, as your team-partner will create a task for you basing on this part. Add more details: the better you*

*present a social or ecological problem – the easier it will be for your partner to find its possible solution.*

- Scan the first part of your «Notebook» containing the information about your team and the acute problem. Send it to your team-partner's e-mail provided by the organisers;
- Receive via e-mail and carefully study the information about your team-partner and the socially significant problem they plan to contribute to;
- Make up and formulate a task\* for your team-partner. The task should correspond to the solution of the problem stated by your team-partner.

***Important!*** *Make your task more interactive. For example, you may give a task to hold a socially significant campaign, organise a charity concert or exhibition, etc.*

- Send the task to the team-partner via e-mail.

**5. Fulfill your task and report on its implementation in the «Notebook of Friendship»**

You may share emotions associated with the task, describe the result achieved, and specify the difficulties your team had to face during the implementation of the task.

***Important!*** *Add some photos or drawings of your actions to your «Notebook». Videos and/or presentations are welcomed as the addition to the report.*

**6. Scan your report and send it to your team-partner via e-mail.** Your team-partner estimates the quality of your accomplishment of the task.

The score is shown on a 10-point scale, where «10» indicates the highest mark, and «1» - the lowest.

**7. Send your filled out «Notebook» to the Central office of the «Notebook of Friendship» Association.**

The address: Petropavlovskaya Street, 185 (office 313), Perm, 614068, Russia.

***Important!*** *To take part in the competition, EACH of the team-partners must send a completed «Notebook of Friendship»! If one of the team-partners fails to send their «Notebook» with the results of the Competition or for some reason leaves the Competition before its official ending (without informing the organisers), their team-partner is excluded and therefore loses their opportunity to compete and win.*

In order to prevent unforeseen circumstances, teams can send scans of finished works to the e-mail of the «Notebook of Friendship» Association: [info@tetradka.org.ru](mailto:info@tetradka.org.ru), and the originals of the work – by mail, courier service or other negotiated method.

### **\*Example of the task:**

The team of schoolchildren from Perm (Russia) via e-mail sends the team from Lyon (France) their «Notebook of Friendship» with the information about themselves and description of the problem they would like to solve:

*On Septemer, 1<sup>st</sup> our class (5<sup>th</sup> «A» form) got a new schoolboy with a disability (i.e. ICP), as far as our school had become inclusive. He is different from us and many of the classmates bully him. We don't know how to make friends and communicate with him. Please, help us overcome this difficulty.*

The team from Lyon reads the description of the situation and in their «Notebook» gives the Perm team the following task:

*The task for the team-partner: find out that child's hobbies and interests or talents. After that, organise a small event in your class with musical/drama/dancing performances. The event should involve all your classmates including the boy with a disability.*

The Perm team reads the task, devises a plan to fulfill it, and implements the task. Then, they white down a report on what results they achieved, scan their «Notebook» and send it via e-mail to Lyon.

The Lyon team, meanwhile, is doing the same actions. At the same time they fill out their «Notebook» with the information about the members of their team and describe an acute problem. Then, they scan the «Notebook» and send it to Perm via e-mail. The Perm team creates a task for them, they fulfill it and write a report in the «Notebook».

Thus, for making up the tasks children need to study the social and/or environmental situation in their region (country) and show their creative abilities. Completing a task from a team-partner will help participants to learn more about the socio-cultural features and attractions of other countries.

### **ADDITIONAL POINTS**

In order to increase their chances to win, team-partners can get additional points. These can be received for fulfillment of the following conditions:

- Create and paint their own post stamps (3cm X 2cm). Stamps could include geographical peculiarities, cultural and historical events of your homeland or promote SDGs. A postage stamp should be placed on the cover of the «Notebook of Friendship» before sending it to the Central office of the «Notebook of Friendship» Association.
- Be the fastest to send the originals of both teams' «Notebooks» with all the fulfilled tasks.
- Use the real paper «Notebooks» instead of the digital ones.
- Find and fulfill all the tasks enciphered in the digital «Notebook of Friendship».

## THE DATES OF COMPETITION DETERMINATION OF WINNERS

**Official languages:** Russian, English.

**Terms of the Competition:** November, 01, 2019 – March, 06, 2020.

**Deadline for accepting applications to take part in the Competition: December 29, 2019.**

**The results of the Competition** will be announced on March, 16, 2020.

The list of winners of the Competition will be published on the website of the Association «Notebook of Friendship»: [тетрадкадружбы.рф](http://тетрадкадружбы.рф). The organisers will select 10 team-partners from different cities and countries that filled out the «Notebooks» in a more informative, innovative, and attractive way. When checking works the organisers evaluate:

- Compliance with the terms of the Competition;
- **Presence of BOTH partner-teams «Notebooks»** (originals or scans);
- The relevance of described problem and its matching to the SDGs;
- Compliance of tasks with described problems;
- Originality of the tasks;
- Correct and complete fulfillment of the tasks from the team-partner and the result achieved (whether the problem was solved or not);
- A report accompanied with photographs, drawings, videos and / or other visual materials;
- Creativeness in filling out the «Notebook».

Teams–winners **whose members are younger than 13 y.o. or are of that age**, will be invited to take part in summer shifts of the [New City «Friendly» inclusive camp](#) (Russia, Perm region). New City «Friendly» is an innovational camp where children of different abilities and needs grow and thrive together. Very quickly young citizens build communication and help each other on the way to new victories and discoveries. Together they are growing up and becoming stronger, braver, kinder and smarter.

Teams-winners **whose members are of 14-18 y.o.**, will get the opportunity to present their social initiatives in the #INFOCUS [International Conference](#). The Conference will take place in the United Nations Office in Geneva (Switzerland, June, 2020)

Organisers commit to provide participants of the Conference with business and cultural programme. All travel and living expenses are to be covered by participants. In case of concluding any additional partnership agreements during the implementation of the project, a part of winners' expenses can be reimbursed. Participants will be informed about it.

The teams that offered the most original solutions to the problems of the local community will be invited to participate in the [International Youth Network of Social Innovators #INFOCUS](#) in 2020. The International Youth Network #INFOCUS is an interactive Internet



platform for accelerating and developing projects in the field of volunteering and contributing to the achievement of the Sustainable Development Goals by youth teams from all over the globe under the guidance of leading international experts. Read more on the official website: <http://infocusglobalgoals.net>.

## **AWARDING DIPLOMAS FOR PARTICIPATION AND WINNING**

Following the results of the Competition each participant **who has registered in the official website of the «Notebook of Friendship» Association and submitted an individual application to take part in the Competition**, is awarded a diploma. A diploma is uploaded to the Personal Account of the participant within 2 weeks. Moreover, a participant receives 110 points which influence their position in the list of «Notebook of Friendship» programme participants' performance.

If members of the team have not submitted individual applications for joining the Competition, a sample diploma is uploaded to the team-leader's Personal Account. Note that participants do not receive any point in that case.

Winner's diplomas are handed over in the summer shifts of the New City «Friendly» camp and in the framework of the #INFOCUS International Conference. Electronic versions of diplomas are uploaded to the registered winners' Personal Accounts.

### **National Association for Education Development «Notebook of Friendship»**

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### **Contact person:**

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