

An innovative online education program to help teach Health and Sustainability.

We've created a program that makes embedding Health and Sustainability into classrooms easy.

Developed over 5 years of research and used by more than 300 schools and childcare centres.







Online Books Package - \$199 Online Kindergarten Program - \$399 Online Primary School Program (F-Yr 6) - \$999

















































Contact Details

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Sustainable

Bonus

Let us know you have been recommended the Integrated School Health program by Sustainable Schools Network and you'll receive a bonus 2 months free subscription.

Examples of Health and Sustainability Themes

Health

- Lifestyle Balance
- Screen Time
- Importance of Sleep
- Healthy Eating
- Physical Activity
- Understanding Our Body
- Sun Protection
- Hygiene
- Safety

- Teeth
- Respecting
 - Others/Bullying
- External Challenges
- Self Belief
- Growth Mindset
- Goal Setting
- Peer Pressure
- Community

<u>Sustainability</u>

- Waste
 - management
- Water Conservation
- Land Pollution
- Water Pollution
- Energy/Renewable
 Resources
- Living Things
- Soil Health
- Air Pollution
- Natural/Built

- Diversity
- Natural Events (e.g. Droughts, Floods,
 - Volcanoes, Tsunamis)
- Recycling
- Endangered Species
- EnvironmentalFootprint
- Farm to table concepts
- Circular economy
- Human impact on wildlife

Testimonials

"Thank you for showing me your beautiful resources. They are a wonderful teaching tool for my educators to use with the children. The added bonus that the kits provided that was unexpected was the conversations amongst educators on how to take the resources to another level. I am constantly hearing conversations about how the resources can be used or adapted and what further resources can be made or added to support the kit and children's learning. I am so glad that I had the opportunity to purchase the kit and have even encouraged others to do so."

Thank you again

Regards Melleni, Director

"Our centre purchased the Sustainability Unit and the Health Unit from Integrated School Health and have found the material to be user friendly and a valuable resource. The units contain appropriate activities for long day care and come with links to the National Quality Standards and the Early Years Learning Framework. Each activity is simply set out for quick reference and comes with resources. Amanda from Integrated School Health has been extremely supportive and provided us with extra resources specific to our local community."

Karen, Director

"I have been using these wonderful resources for almost a year now and can not rate them highly enough. They have become an excellent addition to the implementation of sustainability and health and safety within my Kindergarten Programme. It is easy to use and has age appropriate activities and stories for the Kindergarten Programme. I love that it has the links to the Early Years Learning Framework and the National Quality Standards. We absolutely love it!"

Katie, Educational Leader and Kindergarten Teacher

"These products are amazing and are very helpful to the children's learning. I think the ongoing resources and products available from integrated school health are amazing. The Children absolutely love the topics and activities that we cover."

Ashleigh, Director

"I can't recommend this resource enough - it's just what we needed to start our momentum for learning and improving in the areas of health and sustainability. I really have to commend you on this kit, so worth the money and I have no issue being quoted as saying it is a worthwhile resource for under 5s and is essential as a springboard for further development in the areas of health and sustainability within the individual service – we are using it to do further planning to continue to improve in these areas. I feel utilising this program helped our service to achieve Exceeding National Quality Standards."

Natalie, Director

"After meeting with Amanda, I recognised her outstanding professional approach in presenting the resource program. This program is well designed and comprehensive. Amanda displayed great knowledge and a clear vision in this area, assisting educators to implement sustainability and health and safety in an early childhood environment. Amanda was extremely organised and it was a pleasure to have this opportunity."

Sharon, Community Centre